

May

2021

Activity Calendar

8:00-10:30



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Blurt Smart board Wordsearch Breakfast Morning Walk Outdoor Guided imagery	Fact or Fiction This day in history Breakfast Lawn Darts Name That Tune!	Yardzee Cinco De Mayo Trivia Breakfast Tai Chi Cinco De Mayo	Pictionary 4 Pictures 1 Word Breakfast Balance and posture Exercises Chromatography Butterfly Craft-Art Room	Price is Right Fact or Fiction Breakfast Dumb bell exercises Pet Therapy @ 10
10	11	12	13	14
Dice Breaker Cognitive Workbooks Breakfast Mini Golf ABC's about Mother's Day	Card Games Name 5 Breakfast Horseshoes Emotional Sorting	Boggle Fact or Fiction Breakfast Tai Chi Baklava W/ Kins and Kathy	Jar of Questions Tangrams/Puzzles Breakfast Stronger Seniors Stretch Exercise to Increase Your Self-Awareness	Card Games Smart board Jeopardy Breakfast "Basket" Ball Pet Therapy @ 10
17	18	19	20	21
Blurt Thinking Cards Breakfast Ladder golf Reminiscing Pictures	Yardzee Smart board Crossword Breakfast Cornhole Music and Memories	Pictionary Brain Games Breakfast Tai Chi Homemade Butter and Jam	Price is Right Smart board Wordsearch Breakfast Morning Walk Chicken Soup for the Soul	Inservice Day Center Closed
24	25	26	27	28
Dice Breaker 4 Pictures 1 Word Breakfast "Basket" Ball Name That Tune!	Would you rather Fact or Fiction Breakfast Hot-Potato Exercises Youtube Laughs	TimeSlips Cognitive Workbooks Breakfast Tai Chi Homemade Bread	Card Games Smart board Jeopardy Breakfast Frisbee basket toss Emotional Sorting	Boggle Name 5 Breakfast Morning Walk Pet Therapy @ 10
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Memorial Day Center Closed				

May

2021

Activity Calendar

11:00-1:30



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Life Cycle of a Plant-Art Room Heart & Soul (Zoom) @ 1:00	Planting Pumpkins -Art Room Hot-Potato Exercises Lunch Outdoor Walk/Bird Watching TimeSlips	Corn Syrup Bird Feeders Cognitive Workbooks Lunch Homemade Salsa JuanCarlos (Zoom) @ 1:00	Music Therapy W/ Beth Music Therapy W/ Beth Lunch Tai Chi National Nurses Day	Dance W/ Joni (Zoom) @ 11 Dance W/ Joni (Zoom) @ 11 Lunch What am I?/ Headbandz Mother's Day Craft -Art Room
10	11	12	13	14
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Thinking Cards Heart & Soul (Zoom) @ 1:00	Wet Chalk Drawing -Art Room Dumb bell exercises Lunch Care Tags- Emotional Group This day in history	Horticultural Therapy w/Sarah- Art room Lunch National Limerick Day JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Bingo W/ Nancy Lunch Tai Chi Mixed-Up Mother's Day	Dance W/ Joni (Zoom) @ 11 Dance W/ Joni (Zoom) @ 11 Lunch Paper Dalia Flowers -Art Room May 14th dance like a chicken
17	18	19	20	21
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch Jar of Questions Heart & Soul (Zoom) @ 1:00	Chalk and Liquid Starch -Art Room Noodle Ball Lunch Motherly Humor	Paper Plate Flowers -Art Room Fact or Fiction Lunch Spring Catchphrase JuanCarlos (Zoom) @ 1:00	Music Therapy W/ Beth Music Therapy W/ Beth Lunch Tai Chi Dry Chalk Wet Paper -Art Room	Inservice Day Center Closed
24	25	26	27	28
JuanCarlos (Zoom) @11:00 JuanCarlos (Zoom) @11:00 Lunch National Scavenger Hunt Day Heart & Soul (Zoom) @ 1:00	Sensory Dominoes Cornhole Lunch Flower Decorations -Art Room Thinking Cards	Horticultural Therapy w/Sarah- Art room Lunch Paper Airplane day JuanCarlos (Zoom) @ 1:00	Bingo W/ Nancy Bingo W/ Nancy Lunch Tai Chi Water Bottle Windsock -Art Room	Dance W/ Joni (Zoom) @ 11 Dance W/ Joni (Zoom) @ 11 Lunch Squirt Gun Water coloring- Outside May 31st Memorial Day
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Memorial Day Center Closed				

May

2021

Activity Calendar

2:00-4:30



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Heart & Soul (Zoom) @ 1:00 Dumb bell exercises Snack Military Trivia Chicken Soup for the Soul	Chair yoga Reminiscing Pictures Snack Bird Puzzles- Art room Star Wars day- Trivia	JuanCarlos (Zoom) @ 1:00 May IQ Snack Indoor Bowling I Am Three	Would you rather Ladder golf Snack Exercise to Increase Your Self-Awareness Popular Mother's Day Gifts	About my Mother Horseshoes Snack Smart board Jeopardy Card Games
10	11	12	13	14
Heart & Soul (Zoom) @ 1:00 Indoor Bowling Snack Ivory soap experiment-Art Room Chicken Soup for the Soul	Music W/ Maggie @ 1:30 Music W/ Maggie @ 1:30 Snack Balance and posture Exercises Sensory activities	JuanCarlos (Zoom) @ 1:00 Social Bingo Snack Balloon Volleyball Name That Tune!	Yardzee Spring Word Search Snack Exercise by Body part 3D Flower Model-Art Room	Sock It To Me Frisbee basket toss Snack Price is Right Reminiscing Pictures
17	18	19	20	21
Heart & Soul (Zoom) @ 1:00 Exercise by Body part Snack Familiar phrases Water Experiment-Art Room	Boggle Balance and posture Exercises Snack Getting to know you statements Tangrams/puzzles	JuanCarlos (Zoom) @ 1:00 TimeSlips Snack Indoor Bowling Exercise to Increase Your Self-Awareness	National Endangered Species Day Social Bingo Snack Mini Golf Sarah's Wild Life movies	Inservice Day Center Closed
24	25	26	27	28
Heart & Soul (Zoom) @ 1:00 Lawn Darts Snack Grass Head-Art Room May 24th brother's day	Music W/ Maggie @ 1:30 Music W/ Maggie @ 1:30 Snack Horseshoes Pictionary	JuanCarlos (Zoom) @ 1:00 Spring Cryptogram #1 Snack Dumb bell exercises Jar of Questions	Yardzee Flowers and poetry Snack Exercise Dice This day in history	Penny Ante Hot-Potato Exercises Snack May 31st Utah day Brain Games
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Memorial Day Center Closed				

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Outings and Special events



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7 Peace Gardens
10	11	12	13	14
17 Liberty Park	18	19	20	21
24	25	26	27	28 Utah State Capitol
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