

March

Neighborhood House 2021 Highlights from February Homemade Ice cream



We made homemade ice cream. Food is a great way to target the 5 senses and can be used an intervention for any domain. With this food group it took a lot of work kneading the cream mixture until it became more solid. Clients were able to reminisce about positive experiences making food and help measure ingredients as well as enjoy the treat afterwards!

Horticultural Therapy



Horticultural Therapy happens twice a month with our Director Sarah. For this group decorative heart shaped wreaths were made. We look forward to the unique projects that are planned each time.

Important Dates

Heart & Soul
February 1st, 8th, 15th, 22nd

Music W/ Maggie
March 2nd, 16th, 30th

JuanCarlos
March 1st, 3rd, 8th, 10th,
15th 17th, 22nd, 24th, 29th
31st

Dance W/ Joni
March 5th, 12th, 19th, 26th



Highlights from February

Valentines Day Cookies



What's not to love about heart shaped cookies? Clients cut out and decorated cookies for Valentine's day. Clients helped flatten the dough and used a variety of heart shaped cookie cutters to cut out their cookies. Clients were asked to think about their loved ones and things they could do to show their appreciation, that might have involved sharing.



Neighborhood House Resources

<https://www.nhutah.org/familysupport>

Support Services for Our Clients

Open Monday through Thursday from 7:00 am to 5:00 pm, The Family Support Center can assist individuals with finding the appropriate resources to meet their needs and achieve their goals. Among other services, the Center supports its clients with family education classes such as parenting classes, healthy relationships, and financial literacy. In collaboration with other resources available in our society, Neighborhood House is able to offer individual case management services to community members in many different areas. Contact Rocio Torres, our family support center manager via rocio@nhutah.org or by phone (801) 363-4593 ext. 129 to schedule an appointment or learn more about the services offered at Neighborhood House Family Support Center



Directors message to Clients and Caregivers
Notes from the Director (March 2021)

Thanks to everyone who completed the Caregiver Survey in January. The results have been tallied and your feedback greatly valued. Many of you expressed an interest in caregiver support resources or forums, and I wanted to let you know that we're working on that. At present we're working with Salt Lake Community College Occupational Therapy students in developing an online platform /blog for ADS families. This will offer the opportunity to share, watch educational videos, and peruse available resources based on individual convenience. I will send an email out to the group when this is ready, along with information on how to access the portal. In the meantime, I wanted to let you know that there is a Zoom group for caregivers of individuals diagnosed with FTD (Frontotemporal Dementia) that is a wonderful support resource for that group. If you are interested in joining please reach out to the organizer, Bonnie Shepherd, at bbshepherd@comcast.net, for more information.

On the COVID front, I'm happy to report that almost all of our active clients 70 years and older have at least received the first of the 2-dose vaccine at the time of this correspondence. Based on the list of qualifying criteria, all of our other adults will be eligible for vaccination in March. Right now, we are adding only those new clients who have received the vaccine. These adults will be offered a full day of services, at a daily rate, while unvaccinated clients remain restricted to 5 hours (and be charged hourly). In addition, as soon as we have a quorum of vaccinated adults, we will resume transportation services, and I will be sending an email when this becomes possible. Finally, **beginning May 1st, 2021 all ADS clients must provide evidence of having received the COVID-19 vaccine or their active enrollment will be suspended until this can be documented. To that end, we will likely require a copy of the vaccine card issued by the state (reflecting the dates of both vaccines) so please save this card!**

As always, Kelsi, Patrick and I are happy to address any questions or concerns as they bubble up, so please reach out to us if that's the case!

Warmly –





Stress-Busting of Individuals

The Stress Busting Program for Family Caregivers

DO YOU HAVE MEDICARE A&B AND MEDICAID?

Don't miss out on additional benefits at no extra cost!



These Benefits Include:



\$3200 Dental Allowance
Preventative, Comprehensive, and Dentures



\$320 Over-The-Counter Benefit
Allowance every three months with quarterly roll over



\$300 Vision
Allowance every year for eyewear



Transportation, 60 One-Way Trips
Per year, for plan-approved locations



\$3000 Hearing Aid Allowance
Every three years



20 Routine Chiropractic Visits
Per year



Fitness Program
Gym membership fee coverage



24-Hour Nurse Advice Line
Instant access 24 hours per day, 7 days a week

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HEALTH CHOICE
GENERATIONS

Steward Health Choice Generations (HMO D-SNP) is a Health Plan with a Medicare contract and a contract with the state Medicaid program. Enrollment in Steward Health Choice Generations (HMO D-SNP) depends on contract renewal. This information is available in other formats, such as Braille, large print, and audio.

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MEDICARE DSNP COMPARISON SNAPSHOT

Are you getting all the insurance coverage available?
Check Out Steward Health Choice Generations!

	Steward Health Choice Generations (HMO DSNP)	Molina Medicare Complete Care (HMO DSNP)
 Dental Benefits	\$3,200 annual maximum coverage limit • Dentures covered every 2 years	\$3,000 annual maximum coverage limit • Dentures covered every 3 years
 Hearing Benefits	\$3,000 combined limit for hearing aids or \$1500 per ear every 3 years. (referral and prior authorization not required)	Coverage for 2 pre-selected hearing aids every year, both ears combined. (prior authorization required)
 Over-the-Counter Benefit	\$320 quarterly allowance (every 3 months) for over-the-counter items • Rollover/carry forward allowance	\$280 quarterly allowance (every 3 months) for over-the-counter items
 Vision Benefits	\$300 limit every year for eyewear. • Eyeglasses (frames & lenses) • Contact Lenses	\$300 limit every year for eyewear. • Eyeglasses (frames & lenses) • Contact Lenses
 Transportation Benefits	60 one-way trips every year	60 one-way trips every year
 Fitness Benefit	\$0 copay , fitness center membership coverage	\$0 copay , fitness center membership coverage
 Routine Chiropractic Benefit	\$0 copay , up to 20 routine visits per year	\$0 copay , up to 20 routine visits per year
 Supplemental Benefit for Chronically Ill	\$0 copay , caregiver/housekeeping services for those who meet certain criteria and are diagnosed with a chronically ill condition.	Not Covered

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